

STUZZICHINI (NIBBLES)

MARINATED OLIVES

Olives marinated with garlic parsley and chilli oil £4.50

FOCACCIA ALL' AGLIO E ROSMARINO (G) £6.25

Oven baked "focaccia" with Garlic and Rosemary

GRISSINI E STUZZICHINI (G,C,M) £6.95

*Bread stick wrapped in Parma Ham, Roasted Peppers,
Sun Dried Tomatoes and Black Olives*

ANTIPASTI (STARTERS)

BRUSCHETTA POMODORO (G,M) £5.65

Toasted Italian bread topped with ripe Tomatoes, Basil, Garlic and oil

CALAMARI E GAMBERONI FRITTI (G,F,M) £9.95

Crispy Calamari and King Prawns lightly floured and fried. With tartar sauce

ANTIPASTO DI SALUMI (C,N,M) £8.95

Italian cured meat Mortadella, Salami, Parma Ham, Olives, Giardiniera and Carciofi

INSALATA DI MOZZARELLA (M,L,M) £6.95

Fresh Baby Mozzarella, Tomatoes with Basil and Olive Oil

PATE' DI FEGATINI DI POLLO (G,M) £6.50

Homemade chicken liver pate', toasted Italian bread and red onion relish

COZZE (C,CR,L,MO) £7.95

Scottish Mussels: in white wine tomato, garlic and chilli sauce and garlic bread

GAMBERONI ALLA SICILIANA (F,M) £9.95

*King Prawns cooked with Cherry Tomatoes, Garlic,
White Wine and Chillies*

SALMONE AFFUMICATO CON GAMBERETTI (F,M) £8.95

Smoked Salmon and Prawns red onion and capers bound in Marie Rose Sauce

FUNGHI FRITTI (E,G,ML) £5.95

Deep fried mushrooms with garlic dip

FUNGHI RIPIENI (ML,G) £6.95

Breaded mushrooms stuffed with cheese, pate and herbs, with garlic dip

ZUPPE (SOUP)

MINISTRONE DI VERDURE (C) £4.45

Seasonal Vegetables Soup

ZUPPA DEL GIORNO £4.25

Soup of the Day

PASTE E RISOTTI (PASTA & RISOTTO)

TORTELLONI RICOTTA E SPINACI AURORA (ML,C,G) <i>Tortelloni Ricotta and Spinach in Tomato Sauce and laced in cream</i>	£8.95
TAGLIERINI CON POLLO FUNGHI (ML,G) <i>Taglierini Pasta with chicken, Porcini and Button Mushrooms Laced in Cream</i>	£9.75
TAGLIATELLE CAPOLANDA (ML,G,C) <i>Strips of Fillet beef, tomato, porcini mushrooms, cream and white wine</i>	£15.95
LASAGNA AL FORNO (G,C,ML) <i>Traditional Home Made Lasagna</i>	£9.25
TAGLIERINI AL SALMONE E VODKA (G,F,ML) <i>Taglierini Noodle Pasta, Smoked Salmon, Vodka, Garlic, Onions and Laced in Cream</i>	£12.95
PENNE CON SALSICCIA (G,C,ML) <i>Penne Pasta with Italian Sausages, Porcini Mushrooms, White wine in a Tomato Sauce, laced in Cream</i>	£9.50
MELANZANE ALLA PARMIGIANA (C,ML) <i>Baked Aubergines with Mozzarella and tomatoes (Lasagna style)</i>	£8.95
“THE CLASSIC” (PENNE or SPAGHETTI) (G,C,ML) <i>Choose from : Carbonara / Arrabiata / Bolognese / Amatriciana</i>	£9.25
RISOTTO VERDE (ML) <i>Broccoli, Peas, and Spinach Risotto</i>	£8.95
RISOTTO AI FRUTTI DI MARE (C,CR,F) <i>King Prawns, white wine, Mussels and Scallops Risotto with saffron (No Half Portions)</i>	£15.95
PENNE BARONE (ML,G) <i>Penne Pasta with diced chicken, parma ham, asparagus and cream</i>	£9.50
TAGLIATELLE ALLA FIORENTINA (G) <i>Tagliatelle Pasta with chicken, pancetta, cherry tomatoes, garlic and spinach</i>	£9.50
SPAGHETTI CON GAMBERONI (G) <i>Spaghetti with king prawns with cherry tomatoes, white wine, parsley, garlic and a chilli sauce (No Half Portions)</i>	£14.95

The above Pasta Dishes are available as **Starters only** at £6.95each,
(Not served as main courses at this price)

LE CARNI (MEAT)

FILETTO ROSSINI (G,M) <i>Fillet of Beef cooked in a Madiera wine sauce, with pate, flambe' with brandy</i>	£26.50
MEDAGLIONI DI FILETTO ALLA FORESTIERA (G,) <i>Medallions, of beef cooked in a mushroom, onion sauce</i>	£26.50
FILETTO STOGANOFF (ML,M) <i>Strips of prime fillet steak with mushrooms, onions, paprika, French mustard, brandy and cream. Served with rice</i>	£26.95
FILETTO AI FERRI (G) <i>Grilled 8oz Fillet Steak, Garnished with grilled Tomatoes, Fried Onions and Mushrooms</i>	£24.95
BISTECCA AI FERRI (G) <i>Grilled 8oz Sirloin Steak, Garnished with grilled Tomatoes, Fried Onions and Mushrooms</i>	£18.95
SAUCES: ^(ML,M) Pepper — ^(C,M,ML) Diana —	£3.65

POLLO (CHICKEN)

MILANESE DI POLLO (C,ML,G) <i>Flattened Chicken Breast, Bread crumbed and Fried, Served with Spaghetti Pomodoro</i>	£15.95
POLLO VALDOSTANA (ML,C) <i>Chicken Scaloppine Pan-Fried and Topped with Cheese, Ham and Asparagus, Tomato and Mascarpone Sauce</i>	£15.95
PETTO DI POLLO STOGANOFF (ML,M) <i>Breast of chicken with mushrooms, onions, paprika, French mustard, wine, brandy and cream. Served with rice</i>	£15.95

VITELLA (VEAL)

SCALOPPINE AL FUNGHETTO (G,ML) <i>Veal Medallions in a Creamy Porcini Mushroom Sauce, Served with Taglierini</i>	£16.95
SALTIMBOCCA ALLA ROMANA (G) <i>Veal Medallions topped with Parma Ham on a lemon, Sage and White wine Sauce</i>	£16.95
SCALOPPINE AL MARSALA (G) <i>Veal Medallions in a Sweet Marsala Sauce</i>	£16.95

**ALL THE ABOVE MAIN COURSES ARE SERVED WITH A SELECTION OF
VEGETABLES AND POTATOES**

PIATTI DI PESCE (FISH)

BRANZINO ALLE ERBE (F,G) <i>Pan-Fried Sea Bass, in white wine sauce</i>	£18.95
SOGLIOLA FUNGHETTO (F,G,ML,M) <i>Fillet of sole cooked in white wine, mushrooms and cream sauce</i>	£18.95
MERLUZZO AL FORNO (F,G) <i>Roast Cod Fillet, Borlotti Beans, Baby New Potatoes and Pieces of Chorizo, Red Wine Jus</i>	£18.95
SALMONE CAPOLANDA (F,C,CR) <i>Pan-fried Salmon Steak in a Tomato Broth with Prawns, Mussels and Clams, Herb Potatoes</i>	£15.95
SOGLIOLA GOUJONS (F,G) <i>Breaded Strips of Sole deep fried. Served with chips</i>	£18.95
GAMBERONI PROVENCIALE (F) <i>Large prawns cooked in white wine, onions, garlic, tomato, chilli Served with rice</i>	£19.95

ALL THE ABOVE MAIN COURSES ARE SERVED WITH A SELECTION OF VEGETABLES AND POTATOES

Capo Landa Food Information

We now provide you with Allergen information, letting you know if our food contains any of the following ingredients as listed below.

Celery (C)	Cereals with gluten (G)	Crustaceans (CR)
Fish (F)	Lupin (L)	Milk (ML)
Mustard (M)	Nuts (N)	Peanuts (P)
Sesame (S)	Seeds (SED)	Soya (SOY)
Eggs (E)	Molluscs (MO)	

We endeavour to source fresh products at all times but cannot guarantee that our suppliers do not use some G.M. food products. Gluten free pasta is available. Please ask your waiter for details.
Please note that some dishes may contain nuts

BROCCOLI CON AGLIO E PEPERONCINO £3.25 <i>GARLIC AND CHILLI BROCCOLI</i>	INSALATA MISTA (C,M) £3.50 <i>MIXED SALAD</i>
PATATE CON CIPOLLA £3.50 <i>SAUTE POTATOES WITH ONIONS</i>	PATATE FRITTE (G) £3.25 <i>FRENCH FRIES</i>
SPINACI £3.95 <i>SAUTE SPINACH IN GARLIC & OLIVE OIL</i>	PANE ALL' AGLIO (G) £3.50 <i>GARLIC BREAD</i>
PUREE DI PATATE (ML) £3.25 <i>MASH POTATOES</i>	MELANZANE ALLA PARMEGIANA (CML) £3.95 <i>BAKED AUBERGINES WITH MOZZARELLA AND TOMATO</i>
VEGETABLES OF THE DAY £3.95 <i>SELECTION OF VEGETABLES</i>	

PIZZE (PIZZA)

CALZONE (G,C,ML,M) £9.45 <i>HAM, MUSHROOMS, CHEESE & TOMATO</i>
MARINARA (F,CR,G,L,ML) £10.95 <i>ASSORTED SEA FOOD, CHEESE & TOMATO</i>
CAPRICCIOSA (G,L,ML) £9.80 <i>MUSHROOMS, HAM, OLIVES, ARTICKOKES CHEESE & TOMATO</i>
PROSCIUTTO E FUNGHI (G,C,ML) £8.50 <i>HAM, MUSHROOMS, TOMATO & CHEESE</i>
POLLO DIAVALO (G,C,ML) £9 60 <i>CHILLI CHICKEN, TOMATO & CHEESE</i>

PIZZE (PIZZA)

CRUDO E RUCOLA (G,ML,C) £9.95 <i>PARMA HAM, ROCKET LEAVES TOMATO & CHEESE</i>
MARGHERITA (G,ML,C) £8.20 <i>MOZZARELLA, CHEESE AND TOMATO</i>
PEPERONI (G,ML,C) £8.50 <i>SPICY PEPERONI, CHEESE & TOMATO</i>
HAWAIIAN (G,ML,C) £8.50 <i>HAM, PINEAPPLE, TOMATO & CHEESE</i>
CIPOLLA ROSSA (G,ML,C) £8.50 <i>SWEET CORN, RED ONION, TOMATO & CHEESE</i>

**CHILDREN'S MENU
UP TO 10 YEARS OLD
£5.95**

CHOICE OF STARTER

GARLIC BREAD,

SOUP OF THE DAY

CHOICE OF MAIN COURSE

CHICKEN NUGGETS AND CHIPS, (G,ML)

LASAGNE, (ML,C)

PIZZA MARGHERITA,(G,ML,C)

PENNE OR SPAGHETTI BOLOGNESE

**DOLCI (DESSERTS)
SEE SEPARATE MENU**

E PER FINIRE (TO FINISH)

FORMAGGI (ML) £5.25
SELECTION OF CHEESE WITH CELERY, APPLE AND BISCUITS

CAFFE (COFFEE)

COFFEE (ML) £2.20
CHOOSE FROM BLACK WHITE, ESPRESSO & CAPPUCINO

SPECIAL COFFEE (ML) £5.20
CHOOSE FROM AN IRISH OR LIQUEUR COFFEE

LATTE (ML) £2.60

POT OF TEA £2.20

Capo Landa Ristorante 112 Cumbernauld Rd Muirhead Glasgow G69 9AA Tele 0141 779 9362 Fax 0141 779 3405
www.capolanda.com There will be a 10% service charge on parties six & over